

# Breakfast at Putnam's

## Omelets

Complete with Breakfast Potatoes & Toast

### History

Ham &  
Swiss Cheese  
~11~

### Health

Egg White, Spinach,  
Mushrooms, Tomatoes  
~11~

### Horses

Peppers, Onions,  
Salsa, Cheddar Jack Cheese  
~11~

## The Saratoga

Two Thomas Poultry Farm fresh Eggs any style, choice of Bacon or Sausage

Complete with Breakfast Potatoes, Toast, Coffee & Juice

~15~

### Spa Breakfast

Yoplait Yogurt, Granola & Fresh Berries  
~9~

### The Backstretch

Tortilla Wrap, Scrambled Egg, Peppers,  
Onions, Sausage, Cheddar, Salsa  
~11~

## Baked Goods

Tavern Muffin ~4  
Croissant, Danish Pastry ~3.50  
Toast or English Muffin ~2.50  
Bagel & Cream Cheese ~3

## Old Mill

Cream of Wheat ~6  
Hot Rolled Oats ~6  
**Geyser Grapefruit ~5**  
Broiled Half Grapefruit with  
Brown Sugar and Honey

## Cinnamon Swirl French Toast or Buttermilk Pancakes

Fresh Berries, Vermont Maple, Hotel Cream

~9~

## Eggs Benedict

Thomas' Poultry Farm fresh Poached Eggs, toasted English Muffin,  
Sauce Hollandaise, Breakfast Potatoes

Choice of **Traditional Benedict, Florentine or Irish Eyes**

~12~

## Side Plates

Short Stack ~4  
Breakfast Potatoes ~3  
Home-style Bacon, Sausage or Grilled Ham Steak ~3  
Corned Beef Hash ~4  
One Egg Any Style ~2  
Fresh Berries ~4

## Beverages

Ocean Spray Juices ~3  
Naked Juices ~4  
Rainforest Coffee or Tazo Tea ~2.25  
Milk (Whole, 2% or Skim) ~2.25  
Silk Soy Milk (Chocolate, Vanilla, Plain) ~2.25

Internationally acclaimed artist, James Reynolds, created the murals in the dining room, depicting scenes from Saratoga society and the Adirondacks. Dorothy Tuckerman Draper, one of the most successful interior designers of the 1930s and 40s and the designer of West Virginia's Greenbrier Resort, was commissioned to decorate the interior of the hotel. The bright vivid colors of her designs were intended to relax and invigorate visitors in keeping with the overall mission of the Spa, the healing of bodies and spirits.



We are proud to present our seasonal menu featuring both organic and sustainable locally harvested products. This enables us to advance our environmental initiatives beyond recycling programs to include actively supporting local sustainable agriculture. We are also forging partnerships with local farmers and are excited to feature the fresh seasonal fare in this menu.